DERMATOLOGY LIFE QUALITY INDEX®

Symptoms

1.	Over the last week, how itchy , sore , painful or stinging has your skin been?	Very much A lot A little Not at all	
2.	Over the last week, how embarrassed or self conscious have you been because of your skin?	Very much A lot A little Not at all	
3.	Over the last week, how much has your skin interfered with you going shopping or looking after your home or garden?	Very much A lot A little Not at all Not relevant	
4.	Over the last week, how much has your skin influenced the clothes you wear?	Very much A lot A little Not at all Not relevant □	
5.	Over the last week, how much has your skin affected any social or leisure activities?	Very much A lot A little Not at all Not relevant	
6.	Over the last week, how much has your skin made it difficult for you to do any sport ?	Very much A lot A little Not at all Not relevant	
7.	Over the last week, has your skin prevented you from working or studying ?	Yes No Not relevant	
	If "No", over the last week how much has your skin been a problem at work or studying?	A lot A little Not at all	
8.	Over the last week, how much has your skin created problems with your partner or any of your close friends or relatives?	Very much A lot A little Not at all Not relevant	
9.	Over the last week, how much has your skin caused any sexual difficulties ?	Very much A lot A little Not at all Not relevant	
10.	Over the last week, how much of a problem has the treatment for your skin been, for example by making your home messy, or by taking up time?	Very much A lot A little Not at all Not relevant	

 $^{^{\}circledR}$ AY Finlay, GK Khan, April 1992 www.dermatology.org.uk, this must not be copied without the permission of the authors.